



## Team Canada 2010

### Individual Athlete Evaluation

Individual Athlete Evaluations are an evaluation and rating of an athletes skills and abilities in the categories listed in the selection criteria below. This is an evaluation of their abilities as compared to the best player in the World (not compared to players they are playing with). For example, they may be the best skater on the ice however when they are compared to the best players in the World, they would be an average skater. The Individual Athlete Evaluation is based on a scale of 1 – 5 as compared to the best players in the World who compete successfully at the International level. Please use whole numbers only (for example, do NOT use 3.5)

5 = excellent

4 = above average

3 = average

2 = below average (weak)

1 = not sufficient (poor)

## INDIVIDUAL ATHLETE EVALUATION Selection Criteria

### SKATERS (defence, forward, centre)

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#### A) Skating Ability

- Ability to skate at the International level where there is more body contact and less time and space to make decisions. This requires an ability to stay on one's feet and get away from a check or move to make a check. Athlete shows balance, power, and stability on their skates.
- Speed and quickness – is the player a threat to create an offensive opportunity for themselves or a teammate or a defensive turnover because of their speed or quickness?
- Agility – ability to change direction laterally as well as forward to backward and backward to forward and stay in control of ring or body position. The athlete can stay square and “strong” on their skates while executing ring skills (checking, shooting and passing).

## **B) Offensive Skills and Offensive Game Sense**

### **Individual Ring Control Skills – passing, receiving, ring carrying:**

- Ability to protect the ring with body positioning under defensive pressure (protect the ring in order to advance the ring or to maintain possession) and with head up.
- Ability to create shooting, passing, receiving or skating space for themselves with delays, dekes or fakes.
- Ability to create space and be open in order to consistently receive a pass at game tempo and under defensive pressure.
- Ability to pass with appropriate tempo and eye contact with the receiver in order to advance the ring (lead the receiver) or to maintain possession of the ring (support pass)

### **Scoring:**

- Is this player a threat to score or to create a scoring opportunity?
- Ability to shoot to score with both forehand, backhand, high or low shots (accuracy, good shot selection, confidence)
- Ability to shoot to score with power (strength and speed) and a quick release
- Ability to create individual space utilizing fakes and quickness to create offensive opportunities in open ice and around the net in order to score.
- Ability to execute a one time shot
- Ability to score in different ways – utilizes a one time shot, an outside shot, a forehand, on-ice, backhand shot or can make a move inside for a shot.
- Shows confidence to shoot (not always passing a good shooting opportunity away)

## **SKATERS (continued)**

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### **C) Defensive Skills/Abilities**

#### **Individual Defensive Skills**

- Ability to maintain tight gap control and body positioning (goal side and square) in an even player situation (1 vs 1, 2 vs 2)
- In the defensive zone, utilizes body positioning to take away a good scoring opportunity by the opponent (forces to the outside, does not screen goalkeeper)
- Ability to cover open opponent and maintain view of the ring utilizing backward skating speed and agility
- Shows assertiveness and willingness to play defence and stay within the rules to do so
- Ability to read the offensive play/situation (1 vs 1, 2 vs 1) and react in order to prevent an opportunity by the offence
- Ability to anticipate and quickly react to the play to create a turnover or interception.

### **D) Team Play**

- Ability to anticipate the play, create space or a passing lane for a tightly checked ring carrier by moving to a support position
- Positioning, timing and ability to create space for a ring carrier, ability to be a threat without the ring.
- Ability and willingness to adapt to playing with various linemates
- Ability to read the offensive play/situation and react in order to support teammates defensively when they are not the primary defender
- Willingness to attempt and follow team strategy or system



## **E) Personal Characteristics**

### **Physical**

- Will the athlete's physical abilities allow them to compete at the International level?
- Shows the ability to maintain control, stay on their feet and fight through to maintain position and possession of the ring.

### **Fitness**

- Shows the fitness and strength levels that enable them to perform their skills consistently through a full game and full tournament.
- Do they show the fitness attributes of an athlete?

### **Intangibles**

- Show a strong competitive nature and courage. They want to win and show a 2nd and 3rd effort within the rules of the game
- Athlete shows individual confidence and emotional control. They demonstrate that they believe they can impact the game and the team with their skills.
- Athlete shows that they are positive and respectful towards self, teammates and others.
- Athlete shows that they can handle criticism and learn from mistakes.
- The athlete exhibits leadership qualities
- The athlete exhibits commitment, self-motivation and dedication. They will train and practice to continue to improve their level of play on their own.
- Does this athlete exhibit the ability to play various roles and play various positions?
- Shows ability to handle pressure as well as fortitude and a successful attitude under pressure, when things are not going well or when things are unknown (individually or as a team) and in big games.

## GOALKEEPERS

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### **A) Skating Ability**

- Shows ability to stay balanced and square (controlled) to the shooter through all movements (starting, stopping, shuffle, t-push, forward and backward)
- Shows ability to advance, retreat or move laterally with quickness while staying square and upright
- Shows ability to recover quickly

### **B) Positioning, Shot Stopping, Rebound Control**

- Shows ability to stop a high percentage of expected saves because of proper and consistent positioning and angles
- Shows ability to move with proper timing when having to challenge the shooter or retreat into the net for a deke or cross-crease pass
- Shows ability to stay up and square to the ring carrier/shooter
- Shows ability to stay in position to make the 2nd and 3rd save
- Shows ability to anticipate the 2nd and 3rd offensive player – anticipation and adjustment of positioning in net.
- Shows ability to stop the quick release shot from near the crease
- Exhibits ability to absorb and keep the rebound in the crease area to prevent a rebound shot and to maintain possession of the ring

### **C) Ring Distribution Skills**

- Shows ability to consistently make and select a high percentage pass
- Shows ability to pass with appropriate tempo and eye contact with the receiver in order to advance the ring (lead the receiver) or to maintain possession of the ring (support pass)
- Shows ability to use a fake to create space for a pass
- Shows ability to pass with accuracy and velocity to all areas of the defending zone
- Shows ability to find the open player right away and make a pass within the 5 second count (before the defenders have time to set up the fore-check)
- Shows ability to handle and pass the ring with the stick as an alternative to the hand

### **D) Personal Characteristics**

#### **Fitness & Physical**

- Will the athlete's physical abilities allow them to compete at the International level?
- Shows the stamina, strength, flexibility to perform their skills in back to back games.
- Does the player have the fitness attributes to be an "athlete"?

#### **Team & Psychological Aspects**

- Exhibits consistent focus, concentration and composure and the ability to rebound from a bad goal or game.
- Shows ability and willingness to communicate effectively with team mates in the defending zone
- Do the other players show confidence playing in front of this goalkeeper?
- Is this goalkeeper a "big" factor versus opponents? Does the other team worry about playing this goalkeeper?
- Keeps their team in the game. Shows the ability to make the big save at key points in the game.