

The Use of Personal Protective Equipment (PPE) when Attending to an Injured Athlete

The Trainer is required to wear at all times:

- A mask
- Surgical gloves

The protective gear must be changed if soiled.

Guidelines

- Wash your hands regularly, according to public health guidelines.
- Disinfect highly touched surfaces (scissors, treatment table/chair, etc) before and after any intervention. If you cannot ensure effective disinfection, refrain from using such tools.
- Encourage athletes to remove tape on their own at home.
- Restrict access to the first aid kit; the trainer should be the only one allowed to manage the material.
- Ensure that you have the updated emergency action plan (EAP) according to the most recent instructions in relation to COVID-19. When necessary, review updates to protocols with parents, athletes and coaches.
- Ensure the coaches, athletes and parents are following the guidelines concerning COVID-19 screening as prescribed by your provincial ringette association and/or public health authority.
- Ensure the Procedure for Sickness Chart is followed in the event of a suspected case of COVID-19.
- Activate the appropriate protocol (per local health authority) if in contact with a positive COVID-19 case.