

# SAFE SPORT DEBRIEF PROMPTS FOR RINGETTE COACHES

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## **Prompts and Tips for Coaches to engage their athletes following the Safe Sport Expectations Webinar and/or other safe sport training**

Once your athletes have watched the Safe Sport Expectations Webinar, hold an in-person or online debriefing session to discuss what they learned. This is your athletes' opportunity to ask questions directly to you to clarify anything that may not be fully clear.

It is recommended that more than one coach is present (as per the Rule of 2) so all athletes have options for communication purposes.

**The following questions, grouped by topic, are meant as prompts to get the conversation going. A few tips:**

- **Ask the questions in your own words. These are just prompts.**
- **Don't try to control the conversation too much.**
- **Allow your athletes time to think about what you are asking and provide their perspectives.**
- **Ask other questions that arise in your mind.**
- **Be authentic, open and honest. This is your opportunity to make a real connection with your athletes.**
- **Respect everyone's opinion.**
- **Follow up on concerns.**
- **If you hold your discussion after your ringette organization has also engaged, refer to that meeting and ask follow-up questions based on the discussions that happened there. Don't just repeat all the same questions.**

## **General Prompts**

1. How much did you know about Safe Sport before the *Safe Sport Expectations Webinar*?
2. What did you learn from the *Safe Sport Expectations Webinar* that surprised you?
3. Is there anything that causes you concern?
4. Do you think we need to change anything to comply with safe sport expectations?
5. Do you feel like you know what to do if you experience anything that isn't aligned with safe sport?

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## Policy Prompts

1. Do you know we have policies to promote safe sport including the prevention of bullying, abuse, harassment, discrimination and maltreatment?
2. Do you understand why we have everyone sign a Code of Conduct and Ethics?
3. Do you know about all our other safe sport policies?
4. Do you know what you would do if you had a concern about someone not abiding by a policy such as the Code of Conduct?
5. Do you have any questions about any policies? (Encourage athletes to contact the club administrator if they prefer.)

## Training Prompts

1. Did you complete Coaching Association of Canada (CAC)'s free *Safe Sport Participants Training*?
2. Do you understand why we would like everyone to complete CAC's *Safe Sport Participants Training*? (Rationale - to get everyone on the same page - more knowledgeable and aware about safe sport).
3. For those of you who completed CAC's *Safe Sport Participants Training*, what did you learn that surprised you?
4. Do you understand Rule of 2 and that it applies in-person and online? (Refer to CAC's Rule of 2 resources below)
5. Do you have any further questions about that training or any other training? (Encourage athletes to contact your ringette organization if they prefer.)

## Engagement Prompts

1. Do you feel like your concerns are heard by our ringette organization and by our coaching staff?
2. Do you think we need to do a better job having regular meetings like this to talk about your concerns?
3. How would you like to discuss your concerns?
4. Do you think we do a good job with communication?
5. How can we improve our communication process to ensure everyone is informed in a timely way? (Encourage athletes to contact your ringette organization if they prefer.)

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## Resources Prompts

1. Did you know Ringette Canada has a Safe Sport Hub with resources to help you understand and navigate all aspects of Safe Sport? If your ringette organization also has safe sport resources on their website, refer to those as well.
2. Have you found it helpful? Why or why not?
3. Do you think we are missing anything?

## Other Prompts

1. Is there anything more we can do to make your experience better?
2. If anyone would like to speak with us further, please feel free to reach out directly. (Remind participants to include at least two people on any communication as per Rule of 2 and provide your contact info.)

## **COACHES: You may want to review the following prior to your Debrief:**

- Your ringette organization's Safe Sport Policies and other safe sport resources
- [Ringette Canada's Online Safe Sport Hub Website](#)
- CAC's tips and leading practices connected to [Rule of 2](#) and CAC's [Rule of 2 Implementation Matrix](#)
- Ringette's *Safe Sport Tips for Athletes* and *Safe Sport Tips for Coaches* to clarify what's ok and not ok according to your policies.
- If you have any other questions or concerns, you can contact your ringette organization or Ringette Canada.