

## Essential helmet safety tips

### 1. LOOK FOR THE CSA CERTIFICATION LABEL

Round blue and red certification label on the back of the helmet

#### Includes:

- CAN/CSA Z262.1
- Year the helmet reference
- Serial number
- Year the helmet was manufactured
- Tamper-proof and hard to peel off



**PRO TIP:** Counterfeit labels often have spelling errors

### 2. BUY FROM REPUTABLE SELLERS

- Choose well-known brands and established retailers
- Be cautious with online marketplaces or lesser-known brands



### 3. CHECK FOR A BOOKLET OR USER MANUAL

- All new CSA-certified helmets must include a manual or safety booklet



#### No booklet?

Take additional steps to verify.

### 4. VERIFY ON THE CSA PRODUCT LISTING PAGE

- Visit: <https://www.csagroup.org/product-listing/>
- Enter model name/number in Keyword field and manufacturer's name in Manufacturer field



**PRO TIP:** A helmet that has been modified in any way such as adding padding or drilling holes, is no longer certified.

### 5. DO A QUALITY CHECK

- Helmet should feel solid and well-made



#### Watch out for helmets that:

- Are too light or flimsy
- Have loose or low quality parts
- Have after-market parts or modifications



## Why it Matters

Instances of counterfeit CSA certification labels on helmets are on the rise. Helmets that don't meet the requirements of Canada's national safety standard can put players at greater risk of serious head injury.